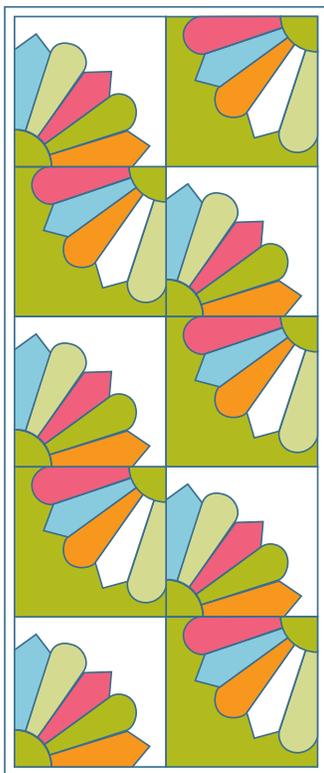




GO! dresden plate

TABLE RUNNER

finished size 15" x 37½"
finished block size 7½" x 7½"



FABRIC REQUIREMENTS

- Fabric 1—1 yard (includes binding)
- Fabric 2—½ yard
- Petal fabrics—¼" yard each or fat quarters of 4 fabrics
- Backing fabric—⅝ yard
- Batting—21" x 43"

CUTTING DIRECTIONS

Fabric 1:

- Cut 5—8" squares
- Cut 3—2½" strips across width of fabric (WOF) for binding
- Cut 5—rounded petal shapes
- Cut 10—4" circles



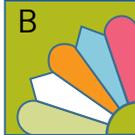
Fabric 2:

- Cut 5—8" squares
- Cut 5—pointed petal shapes

Petal Fabrics:

- Cut 5 pointed and 5 rounded petal shapes from each fabric for a total of 20 pointed and 20 rounded petal shapes

SEWING DIRECTIONS

1. Follow General Directions on page 2 to prepare 25 pointed petals from cut shapes.
2. Layout petals for five A Blocks and five B Blocks.  
3. Sew together and press under ends of rounded petals following General Directions on page 2. Alternate pointed and rounded petals.
4. Place pieced petal unit on background square aligning raw edges of pieced petal with edges of background square. Pin.
5. Continue to follow General Directions on page 2 to complete block.
6. Press blocks.
7. Layout blocks according to table runner diagram.
8. Pin and sew blocks into two rows. Press seams of one row to the left and seams of other row to the right.
9. Pin and sew rows together matching seams. Press seam open.

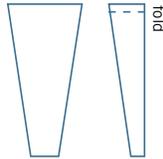
QUILTING AND FINISHING

1. Layer batting between table runner top and backing.
2. Pin or baste layers together.
3. Quilt as desired. Model was machine quilted with an overall design in the background areas and in the ditch between petal blocks.
4. Add binding, mitering corners.

GENERAL DIRECTIONS

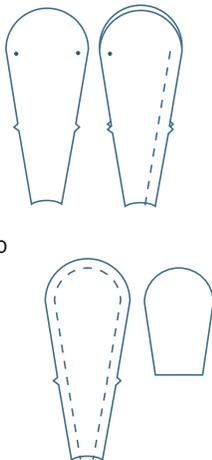
POINTED PETALS:

1. Fold one pointed petal in half right sides together. Pin and stitch $\frac{1}{4}$ " seam across folded end as shown, reinforcing stitching at both ends of seam. Trim corner at fold.
2. Lightly press fold (wrong sides together).
3. Press open seam allowance with tip of iron.
4. Turn point right side out with point turner tool or blunt knitting needle. Press so seam allowance is in line with lightly pressed foldline. (See tip box for another pressing idea.)
5. Sew pointed petals together with $\frac{1}{4}$ " seam allowance.
Tip: Start sewing about $\frac{3}{8}$ " from folded tip end of seam. Sew toward tip end in reverse, then sew forward to complete seam. This keeps the thread ends hidden on the back of the pieced work.
6. Press seams in one direction around the circle or quarter circle of petals.
7. Position pieced petals on background. Pin or baste.
8. Hand or machine appliqué around tips to secure. Narrow zigzag or blind hem stitch are good stitches to use for machine appliqué.
9. Appliqué prepared circle over raw edges of petals in center of plate.



ROUNDED PETALS:

1. Hand or machine baste around the top petal portion of the shape from straight seam allowance on the side.
2. Pull the thread slightly and the appliqué piece will cup the seam allowance into the wrong side.
3. Using tip of iron, carefully press the seam allowance to the wrong side. Keep curve as round as possible.
4. Turn fabric over and press from right side.
5. Repeat for remaining rounded petals.
6. Pull out the basting thread.
7. Position petals on background.
8. Hand or machine appliqué around the rounded petals to secure. Narrow zigzag blind hem stitches are good stitches to use for machine appliqué.
9. Appliqué prepared circle over raw edges of petals in center of plate.



ALTERNATING POINTED AND ROUNDED PETALS:

1. Make pointed petals as described above.
2. Sew pointed petals between rounded petals, reinforcing stitching as described in Pointed Petals-Step 5. Press

seams toward pointed petals.

3. Spray starch on wrong side of one rounded petal end. Insert trimmed petal template and press seam allowance over template. The pressed sides of rounded petals should meet the sides of the pointed petals.
4. Repeat for remaining rounded petals.
5. Position pieced petals on background.
6. Hand or machine appliqué around petals to secure. Narrow zigzag or blind hem stitch are good stitches to use for machine appliqué.
7. Appliqué prepared circle over raw edges of petals in center of plate.

FULL CIRCLES:

METHOD #1

1. Hand or machine baste around edge of fabric circle within $\frac{1}{4}$ " seam allowance.
2. Place basted circle wrong side up on pressing surface.
3. Center circle template on fabric. Pull up basting thread to gather edges of circle. Press.
4. Turn circle over and press from right side. Remove template.

METHOD #2

1. Cut two circles from fabric.
2. Sew right sides together with $\frac{1}{4}$ " seam. Clip curves or trim with pinking shears.
3. Snip a slit in center of one circle. Turn right side out through slit. Press.

APPLIQUÉ CIRCLE ON FULL DRESDEN PLATE:

1. Position prepared circle on center of pieced Dresden Plate covering raw edges of petals. Pin or baste.
2. Hand or machine appliqué in place with matching thread. Narrow zigzag or blind hem stitch are good stitches to use for machine appliqué.

QUARTER CIRCLES FOR GRANDMOTHER'S FAN AND OTHER FAN BLOCKS:

1. Follow your preferred method to prepare full circles for appliqué.
2. Press circle in half, keeping grainline of fabric along pressed line. Press half circle in half again.
3. Open up circle.
4. Trim $\frac{1}{4}$ " beyond pressed reference lines for one quarter circle appliqué with seam allowances.

APPLIQUÉ QUARTER CIRCLE ON FAN BLOCK:

1. Position prepared quarter circle on pieced Fan block aligning corner of quarter circle with edges of block corner, covering raw edges of petals. Pin or baste.
2. Hand or machine appliqué in place with matching thread. Narrow zigzag or blind hem stitch are good stitches to use for machine appliqué.